

Are you a mental health service user, carer, support organization or volunteer? Would you like to learn more about smoking and mental health and get updated on tobacco education? Do you want to know how to access Stop Smoking Support?

If you answered Yes then read on

FRESH – Smoke Free North East, commissioned CONTINUUM and Sector 3 Solutions to develop some education courses in respect of the above.

We have used information from the focus groups we undertook across the North East and can deliver pilot sessions free to your organisation at its base or any locally accessible venues. These are participative and informative half day sessions at your convenience including week-ends and evenings.

Information we gather will be fed back to FRESH to ensure that local NHS Stop Smoking Services meet YOUR needs

The following organizations have already booked sessions for their staff and/or service users:- Washington MIND, Stockton Carers, SURGE and Waddington Street.

If you want to hold a session or register an interest please contact:

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OR

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